

BREAKFAST ALL DAY

COME WITH A SIDE OF PURPLE CABBAGE COLESLAW!

SMOKED SALMON BAGEL \$11.95

SMOKED SALMON, CREAM CHEESE, TOMATO, RED ONION

EGG SALAD BAGEL \$8.95

EGG SALAD, BAGEL, TOMATO, ROMAINE, GREEN ONIONS

EGG BAGEL \$8.95

EGGS, BAGEL, TOMATO, OLIVE OIL DRESSING, POTATOES

AVOCADO TOAST \$10.95

AVOCADO MASH, MULTI-GRAIN TOAST, FRIED EGGS

OMELETTE PLATE \$13.95

3-EGG OMELETTE, GREEN ONION, FETA CHEESE, PARSLEY
COMES WITH TOAST, POTATOES, AND SMALL SIDE SALAD

EGG SALAD WRAP \$9.95

EGG SALAD, ROMAINE, TOMATO, RED ONION, WHOLE
WHEAT WRAP

OMELETTE WRAP \$9.95

2-EGG OMELETTE, TOMATO, CUCUMBER, SWISS CHEESE,
AVOCADO

HIGH ENERGY WRAP \$11.95

4 EGG WHITES, SPINACH, CUCUMBER, TOMATO

HOMESTYLE OMELETTE WRAP \$12.95

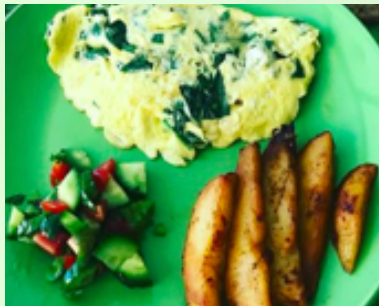
3 EGGS, TURKEY BACON, POTATOES, RED ONION,
CHEDDAR CHEESE

TOFU SCRAMBLE WRAP \$11.95

TOFU, RED ONION, POTATOES, CUCUMBER, TOMATO,
TURMERIC, TAHINI, GARLIC CHILI SAUCE

OATMEAL WITH FRUIT \$9.95

OLD FASHIONED OATS, HONEY, COCONUT FLAKES,
STRAWBERRY, BLUEBERRY, PECANS, PUMPKIN SEEDS,
ALMOND MILK



CHOOSE TWO FRUIT OPTIONS:

STRAWBERRY
BLUEBERRY
RASPBERRY
BANANA
PINEAPPLE
PEACH
MANGO

SMOOTHIES

16OZ \$6.99

24OZ \$7.99



MEAL REPLACEMENT SHAKES

24OZ \$10.50 WITH PROTEIN + OATS

PEANUT BUTTER & JELLY

PEANUT BUTTER & BANANAS

PEANUT BUTTER CUP

+ CHOCOLATE SYRUP

BANANA SPLIT

+ CHOCOLATE SYRUP

THREE BERRY SHAKE

+ BLUE/RASP/STRAWBERRY



Flu Shots

4OZ. GINGER,
ORANGE, LEMON,
HONEY
\$5

AÇAÍ BOWLS

\$11.99

AÇAÍ ENERGY

BANANA, STRAWBERRY,
BLUEBERRY, COCONUT,
GRANOLA, AGAVE

AÇAÍ TROPICAL

BANANA, PEACH,
PINEAPPLE, COCONUT,
AGAVE, GRANOLA

REFRESHERS

LEMONADE MINT

+ LEMON, MINT, AGAVE; SLUSH

HYDRATOR

+ CUCUMBER, GINGER, APPLE, AGAVE; SLUSH

APPLE CINNAMON

+ APPLE, CINNAMON, AGAVE; SLUSH

FRESH SQUEEZED JUICES

ORANGE

GRAPEFRUIT

CARROT

GREEN JUICE

ORANGE / BEET / APPLE

CARROT / APPLE / CELERY

ORANGE / GRAPEFRUIT / LEMON / PINEAPPLE / GINGER

16OZ \$10.99

24OZ \$12.99



\$1 ADDITIONS

GINGER
CAYENNE
TURMERIC
EXTRA FRUIT
MACHA
ALMOND BUTTER



WHEY PROTEIN
VEGI PROTEIN
SPIRULINA
OATS
PEANUT BUTTER

Whole Green Cafe

142 SE 6th Ave, Delray
Beach, FL, 33485

561-359-2748

www.wholegreencafe.com

HOURS:

Monday-Thursday: 9am-9pm

Friday: 9am-8pm

Saturday-Sunday: 10am-8pm

STARTERS AND SIDES

BRUSSEL SPROUTS	\$7.95
GUACAMOLE AND CHIPS	\$9.95
MIXED ROASTED VEGGIES	\$7.95
POTATOES	\$4.95
SWEET POTATO	\$4.95
DRIZZLED WITH HONEY OR AGAVE AND SPRINKLED IN HIMALAYAN PINK SALT	
HUMMUS	\$9.95
CHOICE OF PITA BREAD OR CARROTS AND CELERY	
HOMEMADE VEGAN SOUP	CUP: \$5.50



Brussel Sprouts



Hummus

WRAPS

\$11.99

SERVED ON A WHOLE WHEAT WRAP WITH A
SIDE OF PURPLE CABBAGE COLESLAW
MARKET CHICKEN WRAP

FIELD GREENS, CUCUMBER, TOMATO, RED ONION, TOMATO. OLIVE OIL
+ LEMON DRESSING

TUNA WRAP

ALBACORE TUNA SALAD, FIELD GREENS, CUCUMBER, TOMATO, RED
ONION, AVOCADO, GREEK DRESSING

GREEK WRAP

FIELD GREENS, TOMATO, CUCUMBER, GREEN AND RED PEPPERS, GREEN
ONION, OLIVES, FETA CHEESE, GREEK DRESSING

QUINOA CHICKEN WRAP

CHICKEN, QUINOA, CHICK-PEAS, TOMATO, CUCUMBER, CARROTS,
AVOCADO. CILANTRO LIME SAUCE

VEGI BURGER WRAP

BLACK-BEAN VEGGIE BURGER, SPINACH, TOMATO, RED ONION,
CUCUMBER, CARROTS, AVOCADO. SPICY MAYO SAUCE

CHICKEN CAESAR WRAP

CHICKEN, ROMAINE, PARMESAN, CARROTS, AVOCADO. CAESAR
DRESSING

FAJITA WRAP

CHICKEN, SAUTÉED RED ONIONS, RED AND GREEN PEPPERS, SWISS
CHEESE, SPICY MAYO

FALAFEL WRAP

FALAFEL, SPINACH, TOMATO, CUCUMBER, CARROTS, RED ONIONS,
AVOCADO. SPICY MAYO

FARM TO TABLE

MARKET SALAD

FIELD GREENS, CUCUMBER, TOMATO, GREEN ONION,
RADISH, FETA CHEESE, CHICK-PEAS, AVOCADO, EGG
LEMON+OLIVE OIL DRESSING

AUTUMN SPINACH SALAD

SPINACH, TOMATO, RED ONION, GREEN APPLE, PECAN,
GOAT CHEESE
DIJON DRESSING

CAESAR SALAD

ROMAINE LETTUCE, TOMATO, AVOCADO, CROUTONS,
PARMESAN CHEESE
CAESAR DRESSING

KALE QUINOA SALAD

KALE, QUINOA, TOMATO, RED ONION, PUMPKIN SEEDS,
SUNFLOWER SEEDS, FETA CHEESE, DRIED CRANBERRIES
BALSAMIC DRESSING

HARDY SALAD

SPINACH, TOMATO, CUCUMBER, RED ONION, POTATO,
CHICK-PEAS, HARD-BOILED EGG, TAHINI SAUCE
LEMON+OLIVE OIL DRESSING

GREEN SALAD

FIELD GREENS, TOMATO, CUCUMBER, GREEN ONION,
GREEN PEPPER, BEETS, GOAT CHEESE, AVOCADO,
GRILLED CHICKEN

BALSAMIC DRESSING

GREEK SALAD

ARUGULA, TOMATO, CUCUMBER, GREEN ONION, RED +
GREEN PEPPER, KALAMATA OLIVES, FETA CHEESE
GREEK DRESSING

MEXI CHOP SALAD

ROMAINE, TOMATO, CUCUMBER, RED ONION, GREEN
PEPPER, CORN, BLACK BEANS, SHREDDED CHEESE,
CRUNCHY TORTILLA CHIPS
CILANTRO LIME DRESSING



Market Salad with tuna salad

\$4.95 PROTEINS:

**CHICKEN
TUNA SALAD
EGG SALAD
TOFU**

PREMIUM PROTEINS:

**VEGI BURGER- \$5.95
FALAFEL- \$4.95
SMOKED SALMON- \$4.95
BAKED SALMON - \$7.95
SEARED TUNA- \$9.00**

BOWLS

QUINOA BOWL

TOMATO, CUCUMBER, PURPLE CABBAGE,
CARROTS, AVOCADO, SWEET POTATO,
ROASTED BROCCOLI, CAULIFLOWER,
ASPARAGUS, CILANTRO LIME DRESSING

BROWN RICE BOWL

TOMATO, CUCUMBER, CHICK-PEAS, PURPLE
CABBAGE, AVOCADO, ZUCCHINI, TAHINI

POKE BOWL

BROWN RICE, TOMATO, CUCUMBER, GREEN
ONIONS, EDAMAME BEANS, PICKLED GINGER,
CARROTS, AVOCADO, SMOKED SALMON
POKE SAUCE + SPICY MAYO SAUCE

AHI POKE BOWL

BROWN RICE, TOMATO, CUCUMBER, GREEN
ONIONS, CARROT, RADISH, SEAWEED SALAD,
AVOCADO, BROCCOLI, AHI TU NA
POKE SAUCE + PEANUT SESAME SAUCE

MEXI BOWL

BROWN RICE, BLACK BEANS, CORN,
GUACAMOLE, GRILLED CHICKEN

BUDDHA BOWL

BROWN RICE, SEAWEED SALAD, CARROT,
TOMATO, CUCUMBER, RADISH,
BROCCOLI, GREEN ONIONS, TOFU
POKE SAUCE + PEANUT SESAME SAUCE



Ahi Poke Bowl

\$4.95 PROTEINS:

**CHICKEN
TUNA SALAD
EGG SALAD
TOFU**

PREMIUM PROTEINS:

**VEGI BURGER- \$5.95
FALAFEL- \$4.95
SMOKED SALMON- \$4.95
BAKED SALMON - \$7.95
SEARED TUNA- \$9.00**